

Revised 12/11

LUNENBURG PTO REQUEST FOR FUNDING

APPLICATION MUST BE TYPED AND SUBMITTED BY EMAIL

Please complete this form and email it to the Lunenburg PTO.

APPLICANT INFORMATION

Applicant name : Rhonda Malatos and Steve Boone

School : Lunenburg High School

Position : Physical Education Teacher

Contact Phone Number - 978-582-4115 ext 111

PROJECT INFORMATION

Project Title: Professional Physical Training

Project Start/End Dates: TBD

1. Project Description: Summarize the proposed project in the space provided. Describe who the target audience is; what will happen; when and where it will occur; and how the project will be executed. NOTE: You may provide additional narrative on a separate sheet of paper, but you *must* summarize the project here. Your answer in the space below may not exceed 750 characters. **Our proposal is to bring in a professional trainer for a day to provide the students with a work out training experience from a professional trainer. Participants will be all PE students. This will take place in the gym on the day arranged.**

2. Describe the planning process for this project. What individuals and organizations have been involved as partners and/or advisors? How would partial funding impact this project? Your answer in the space below may not exceed 500 characters.

Professional trainer Lynn Walsh will conduct the training with the help of me and Steve Boone. The pre-planning will be to arrange for the equipment needed and plan the date the workouts will take place. The workout will be on a day when all PE classes meet. I am requesting \$210.00 for 7 hours of instruction time. There are a few more hours of planning and set up involved. If full funding is not available it would limit the number of classes to be involved.

3. Explain how this project will reach and benefit the students of your school. How will you know the project is successful? Your answer in the space below may not exceed 500 characters.

This project will further our goal in the PE department to promote and improve the health and wellness of our students. This project will expose, educate and promote the workout intensity needed to increase stamina, power and strength. Students will be challenged at their own level thru variations on the exercises. Success of the project will be demonstrated by observation of student participation and discussion of the event with students the following day.

____Rhonda Malatos, Steve Boone HS Physical Education Teachers
Signature Title Date

FOR PTO USE SUBMITTED BY DEADLINE ___ yes ___ no

\$ _____

Amount Approved Signature of PTO Representative Title Date